

NHS Lothian DISCUSSION GROUP

RSA

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NHS
Lothian

Frequently asked questions:

What is a resident discussion group?

The resident discussion group is an approach NHS Lothian are taking to ensure Lothian residents get their voices heard on the future of health and care in the area. The discussion group will bring together a group of people from across Lothian and support them to learn and discuss a topic with each other and to share ideas about how things could be improved.

What will taking part involve?

If you are selected to take part, you will have the opportunity to meet with different people that live in and care about Lothian. You will learn about health and care in Lothian and elsewhere to help you think about the question:

How can we make Lothian a healthier and happier place in the future?

You will have the opportunity to discuss this topic in small groups with other participants. Facilitators will help to make sure everyone in the group has their voice heard.

No one is more of an expert about living in Lothian than the people that actually live there, so you don't need to have any experience or particular knowledge to take part. Any information you need, or support you might require to take part, will be provided. At the end of the assembly, we will ask for your feedback to learn more about what you thought of the process.

When is it happening?

The discussion groups will run across 10 hours over three sessions in October 2021. These sessions will take place:

Wednesday 20th October in the evening

Saturday 23rd October in the afternoon

Saturday 30th October in the afternoon

How will it be accessible?

The sessions will take place online. If you don't have access to a device or internet, please let us know when you register and we can discuss what you might need to take part. Support is also available to learn the skills needed to take part in the assembly. This might include support on how to use video calling platforms, or how to speak confidently in front of people.

If you have other support needs, for example issues with hearing or vision, or that you have to look after someone like a child or family member, let us know about your specific requirements. We can try to make adjustments to ensure everyone gets to take part if they want to.

We're offering £150 to everyone that takes part as a thank you for your time. It is very important that if you are claiming state benefits, you double check how receiving any payments might impact you. If you would prefer to not be paid, you can still take part.

I'm interested. How can I register to join?

It's easy! You just have to let us know you're interested by registering online or by phone, by **Sunday 10th October 2021**.

You can register by filling in [this short online registration form](#) or by calling this freephone number: 0800 211 8009

What happens after I register?

It's important that the discussion group represents the community, so we will make sure the group includes a wide range of people living in Lothian. If you are selected, we will arrange a call with you to confirm you are able to attend all the sessions, discuss any requirements you might have, and explain what happens next.

How will you decide who gets to take part?

With the information you provide us when you register we will be able to fairly select a group of people to participate who represent the different people that live in Lothian. We might not be able to involve everyone who registers to join the discussion group, but we will let you know if you have been selected or not.

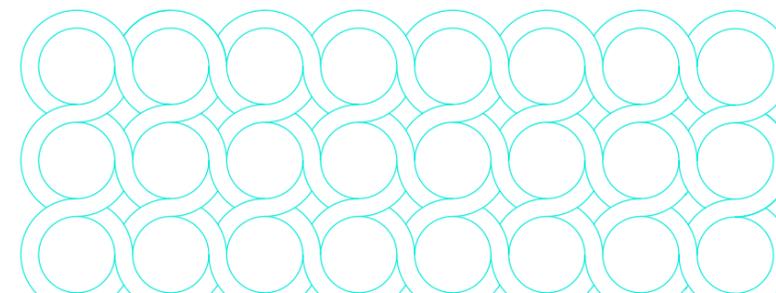
Can I tell my friends and family about this in case they want to join too?

Please do! We encourage as many people as possible to register to join. Please send them the [link to the registration form](#) and if they would like to get in touch to request more information, they can email lab@rsa.org.uk.

Who is running the discussion group?

The RSA will be facilitating the discussion group. The RSA are an organisation who want to see a world where everyone can participate in their future. Find out more by visiting: www.theresa.org

The RSA is running the discussion group on behalf of NHS Lothian, the NHS Health body in Lothian, who want to learn more about how people living in Lothian experience health and care and what they think should change in the future.



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