

# Community Mental Health & Wellbeing Phase One Funding Report

## 1. Background

Scottish Government announced funding in September 2020 for councils to meet the following objective:

*'Every child and young person in Scotland will be able to access local community services which support and improve their mental health and emotional wellbeing.'*

*Every child and young person and their families or carers will get the help they need, when they need it, from people with the right knowledge, skills and experience to support them. This will be available in the form of easily accessible support close to their home, education, employment or community.'*

Full framework available here: [Community Mental Health & Wellbeing Support and Services Framework](#).

Phase one will focus on enhancing and extending e.g. doing more of what works. The subsequent funding will focus on collaborating and connecting e.g. seamless pathways to support.

EVOCC was commissioned by CEC to deliver a process to award the grants. This included supporting a funding panel made up of CEC Educational Psychology, NHS Lothian CAMHS Service, Lothian Association of Youth Clubs and EVOCC.

## 2. Awarded Grants

<b>Big Hearts Community Trust South West</b>	<b>£7,439</b>
Age group: 12-18	
Extend Big Hearts' mental health support service for kinship teenagers by opening to other young people from Gorgie/Dalry. This service includes: <ul style="list-style-type: none"> <li>• Weekly peer group</li> <li>• 1:1 support</li> <li>• Physical activity sessions</li> <li>• Volunteering opportunities for young people</li> <li>• Support for parents/carers.</li> </ul>	
Contact: <a href="mailto:Caryn.kerr@bighearts.org.uk">Caryn.kerr@bighearts.org.uk</a>	31-Aug-21
<b>Canongate Youth Citywide</b>	<b>£18,055</b>
Age group: 14-18	
Extend delivery of the A Teens Programme, a supportive and empowering wellbeing group for young people with Autism. Supporting 30 young people through two 3-month programmes and 1:1 support.	
Contact: <a href="mailto:susie@canongateyouth.org.uk">susie@canongateyouth.org.uk</a>	30-Sept-21

<b>Citadel Youth Centre North East</b>	<b>£12,490</b>
Age group: 12-15 year olds	
Expand the support offered through the Citadel Families Project to vulnerable secondary school aged children through: <ul style="list-style-type: none"> <li>• 1:1 support, supported places &amp; group work.</li> </ul> And support their parents/carers through: <ul style="list-style-type: none"> <li>• 1:1 family support, 1:1 family mediation &amp; parenting teenagers group.</li> </ul>	
Contact: <a href="mailto:andy@citadelyouthcentre.org.uk">andy@citadelyouthcentre.org.uk</a>	30-Sept-21
<b>Collaborative Partnership (City of Edinburgh Council, LAYC, NHS) Citywide</b>	<b>£10,400</b>
Age group: 5-26	
Partnership to update and develop existing training to create a universal Mental Health training programme for educational and community settings for children and young people across Edinburgh.	
Contact: <a href="mailto:Patricia.Santelices@edinburgh.gov.uk">Patricia.Santelices@edinburgh.gov.uk</a>	31-Dec-21
<b>Cyrenians Citywide</b>	<b>£24,300</b>
Age group: 15-24	
Enhance and widen access for the Creative Natives wellbeing project based on art and design for young people who are excluded/disengaged from mainstream school and other services because of social isolation and mental health/wellbeing difficulties.	
Contact: <a href="mailto:joemccabe@cyrenians.scot">joemccabe@cyrenians.scot</a>	30-Mar-22
<b>Deaf Action Citywide</b>	<b>£12,000</b>
Age group: 10-18	
Extend Deaf Action's BSL Counselling service for young people who are deaf BSL users, deafened, deaf blind, or hard of hearing.	
Contact: <a href="mailto:siobhan.sullivan@deafaction.org">siobhan.sullivan@deafaction.org</a>	30-Sept-21
<b>Firsthand Lothian Citywide</b>	<b>£14,697</b>
Age group: 5-16	
Supporting children with additional support needs by providing home / community based 1:1 support and group sessions to children and young people who are struggling with mental health issues.	
Contact: <a href="mailto:Bev.Read@firsthand-lothian.org.uk">Bev.Read@firsthand-lothian.org.uk</a>	30-Sept-21
<b>Granton Youth North West</b>	<b>£11,955</b>
Age group: 11-26	
Granton Youth provides opportunities for young people to engage in youth work and informal education programmes. Extending Granton Youth's counselling, mentoring and outdoor activities supports to reach more young people in the North West due to increased referrals throughout COVID-19.	
Contact: <a href="mailto:mary@grantonyouth.com">mary@grantonyouth.com</a>	31-Oct-21

<b>Multi-Cultural Family Base Citywide</b>	<b>£21,936</b>
Age group: 10-15	
<p>Extending MCFB's provision of emotional wellbeing services for BAME children and families:</p> <ul style="list-style-type: none"> <li>• The Junior Group for socially isolated BAME children in P4-6.</li> <li>• The Mosaic Group for young people experiencing stress or anxiety currently for S2-S4 pupils from Leith, extending this to include citywide and P7-S1 young people.</li> <li>• Increase 1:1 support capacity.</li> </ul>	
Contact: <a href="mailto:Anne.spiers@mcfb.org.uk">Anne.spiers@mcfb.org.uk</a>	30-Sept-21
<b>NHS Lothian Psychology Adding Value: Epilepsy Screening (PAVES) Citywide</b>	<b>£12,477</b>
Age group: 5-17	
<p>PAVES helps to assist clinicians to identify and meet psychological needs of children and young people. It is a mental health screening methodology and early intervention pathway for children and young people with health conditions, initially piloted within the Epilepsy population due to concerns about the mental health needs of this group (will explore adaptability of model for other conditions e.g. Spina Bifida, diabetes, cancer).</p>	
Contact: <a href="mailto:Kirsten.verity@nhslothian.scot.nhs.uk">Kirsten.verity@nhslothian.scot.nhs.uk</a>	
<b>NHS Lothian Training in Psychological Skills-Early Intervention for Children (TIPS-EIC) Citywide</b>	<b>£25,000</b>
Age group: 8-18	
<p>A clinical psychology team aiming to increase access to evidence-based early intervention approaches outside of specialised mental health services.</p> <ul style="list-style-type: none"> <li>• Increase accessibility of LIAM across Edinburgh by training additional LIAM practitioners.</li> <li>• Deliver additional workshops to parents of young people who experience anxiety.</li> </ul>	
Contact: <a href="mailto:Jane.Owens@nhslothian.scot.nhs.uk">Jane.Owens@nhslothian.scot.nhs.uk</a>	30-Mar-22
<b>One Parent Families Scotland / Family Journeys Citywide</b>	<b>£9,355</b>
Aimed at children, young people and their families affected by separation and divorce.	
Specialised support for co-facilitated 6 week groups to explore children's needs after separation, and for parents concerned about children's mental health.	
Contact: <a href="mailto:brock.lueck@opfs.org.uk">brock.lueck@opfs.org.uk</a>	30-Sept-21
<b>Richmond's Hope Citywide</b>	<b>£14,510</b>
Age group: 4-18	
<p>Richmond's Hope is a child bereavement charity which provides children and young people with a safe place to work out their grief through verbal and non-verbal ways using therapeutic play and specialist grief tools. Need for staff and resources as demand has increased due to COVID-19.</p>	
Contact: <a href="mailto:k.scoular@richmondshope.org.uk">k.scoular@richmondshope.org.uk</a>	30-Sept-21

<b>Safe Families Citywide</b>	<b>£11,572</b>
Age group: 5-14	
Safe Families provide an early intervention and prevention service to help stabilise families in crisis. A Health & Wellbeing worker will support young people particularly affected by the pandemic, focusing on transitions out of lockdown and back into education.	
Contact: <a href="mailto:andrewmurray@safefamilies.uk">andrewmurray@safefamilies.uk</a>	30-Sept-21
<b>SCOREscotland South West</b>	<b>£13,522</b>
Age group: 7-16	
Extend SCOREscotland's capacity to offer a trauma informed service for black and minority ethnic communities in West/South West Edinburgh through: <ul style="list-style-type: none"> <li>• LIAM group work for BAME children, young people and families</li> <li>• Art therapy sessions to children and young people</li> <li>• Family therapy sessions.</li> </ul>	
Contact: <a href="mailto:nabirye@scorescotland.org.uk">nabirye@scorescotland.org.uk</a>	30-Sept-21
<b>Stepping Stones / Circle – Haven North West</b>	<b>£15,000</b>
Aimed at parents/carers with children and young people aged 5-24 (26 for care experienced).	
Outreach family support service in the North West locality, using a single referral pathway for whole family support in group and individual settings. Additionally extending the age remit to include 12+.	
Contact: <a href="mailto:moragwilson@steppingstonesnorthedinburgh.co.uk">moragwilson@steppingstonesnorthedinburgh.co.uk</a>	30-Sept-21
<b>Tailor Ed Foundation Citywide</b>	<b>£17,566</b>
Age group: 5-16	
Increased capacity to provide direct one to one support for children with Autism and their families through the Target Specific Service via home visits / 1:1 meetings.	
Contact: <a href="mailto:roo@tailoredfoundation.co.uk">roo@tailoredfoundation.co.uk</a>	30-Sept-21
<b>The Broomhouse Centre SPACE South West</b>	<b>£15,000</b>
Age group: 5-24	
Extending hours of the counselling service to provide counselling opportunities to children and young people who access The Broomhouse Centre SPACE's core services because they are young carers, impacted by parental substance use and / or are in kinship care and are displaying poor mental health.	
Contact: <a href="mailto:Amanda@SPACESCOT.ORG">Amanda@SPACESCOT.ORG</a>	30-Sept-21

<b>The Junction North East</b>	<b>£7,108</b>
Age group: 12-21	
<p>Enhancing The Junction's One to One Support service providing structured and ad-hoc individual support through:</p> <ul style="list-style-type: none"> <li>• Support for anxiety through LIAM</li> <li>• 6-week one to one outdoor programmes for mental health and wellbeing, exploring nature in the local community.</li> </ul>	
Contact: <a href="mailto:suzanne@the-junction.org">suzanne@the-junction.org</a>	31-Oct-21
<b>The Speech Language Communication Company Citywide</b>	<b>£10,436</b>
Age group: 5-21	
<p>Two blocks of SLCo's Brick Clubs – Improving Communication Skills through Fun &amp; Friendship is for children and young people who have speech, language and communication needs and for whom specialist support will benefit their mental health and wellbeing as well as boosting their speech and language.</p>	
Contact: <a href="mailto:Arianna@s-l-co.uk">Arianna@s-l-co.uk</a>	30-Sept-21
<b>The Yard Citywide</b>	<b>£12,051</b>
Age group: 5-18	
<p>Increase The Yard's specialised service provision for families through more targeted support, building on wraparound family support. The Yard provides adventure play services for disabled children and young people, the families are often socially isolated and have poor emotional and mental wellbeing.</p>	
Contact: <a href="mailto:Hannah@theyardscotland.org.uk">Hannah@theyardscotland.org.uk</a>	30-Sept-21
<b>Wester Hailes Youth Agency South West</b>	<b>£10,221</b>
Age group: 12-25	
<p>Individual support using LIAM for young people in Wester Hailes and surrounding communities of Broomhouse, Parkhead, Sighthill and Longstone, offering young people 1.5 hours of support a week.</p>	
Contact: <a href="mailto:fundraisingofficer@youthagency.co.uk">fundraisingofficer@youthagency.co.uk</a>	30-Sept-21
<b>With Kids South West</b>	<b>£13,300</b>
Age group: 5-11	
<p>Increased therapy provision: With Kids specialises in the provision of play therapy and family/community support for children experiencing emotional/behavioural difficulties as a result of trauma.</p>	
Contact: <a href="mailto:j.marr@withkids.org.uk">j.marr@withkids.org.uk</a>	30-Sept-21

<b>YMCA / Pilmeny Development Project North East</b>	<b>£8,774</b>
Age group: 9-16  Girls Work Project - provision of support to vulnerable girls in North East Edinburgh through three 10-week blocks of group support exploring emotional mental health and wellbeing, additionally increased capacity for 1:1 mentoring.	
Contact: <a href="mailto:mike.kerracher@ymcaedinburgh.com">mike.kerracher@ymcaedinburgh.com</a>	30-Sept-21

### 3. Fund Statistics

Funding available	£329,164
Funding requested	£1,004,873
Number of applications	65
Number of successful applications	24

Successful applications\*:

Citywide (14)	£214,355
North East (3)	£28,372
North West (2)	£26,955
South West (5)	£59,482

\*3 applications were received for the South East locality however none were successful.

### 4. Reporting

All successful proposals will provide a 3 monthly summary on the impact of the additional funding, reporting mid-July and mid-September. This will detail outcome measures, referral requests and onward referrals.