

# Independent **Care Review**

**Michael Stewart,  
Implementation Manager**



**orientation**



**discovery**



**journey**



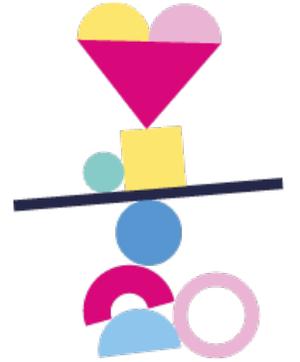
**destination**



## A Review like no other..

“I can’t think of anything during my care experience [I was] allowed to make a decision on. Even things like where we were going to live – we weren’t told.”

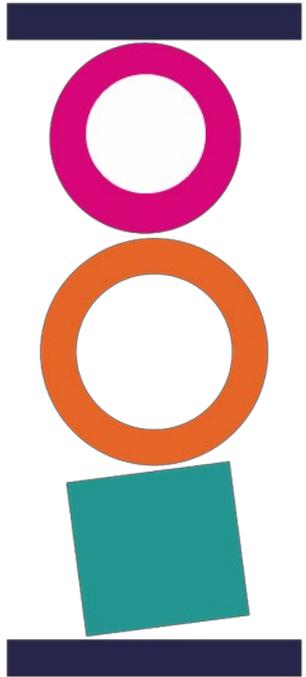
"I think you have to understand trauma and you have to be able to love your young person and have to understand where they're coming from."



“The best part about care for me was having new staff in the unit to talk to and I knew they were there for me when I needed them.”

“You definitely get treated different even if you act normal. People judge you for growing up in care...”

*The above quotes are just a small sample of what the Independent Care Review (Care Review) has heard in 2019 from people across Scotland who generously shared a wide range of experiences of what's known as the 'care system'.*





**discovery**



**Voice** has been at the centre of the work in Discovery. The Review listened to the voices of

# 817

children, young people, and adults with care experience



The Review engaged with over

# 789

carers, parents, social workers, teachers, nurses and other professionals and members of the public

# all 32

local authorities took part in the Discovery stage and the Review engaged with national and local charities, independent providers and public agencies

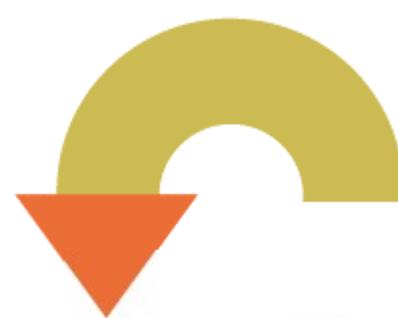
## how?

**People have shared their views with us through:**

- 'Share your views' postcards
- Email
- Facilitated sessions
- One-to-one meetings
- Online surveys
- Social media
- Telephone calls
- Text
- Workforce roadshows

We heard from a diverse range of voices of all ages and care settings – present and past.

The Review attended a workshop with staff who shared their understanding of how best to hear the voices of babies and infants.



## where?

Some of the places we've visited in Scotland:





# The Care Review's 12 Intentions

- Families on the edge of care will get the support they need to stay and live together where safe to do so.
- Scotland's infants, children and young people will be nurtured, loved and cared for in ways that meet their unique needs.
- Relationships which are significant to infants, children and young people will be protected and supported to continue unless it is not safe to do so. This recognises the importance of brothers and sisters, parents, extended family and trusted adults.
- Care experienced infants, children and young people will thrive in supportive and stable learning and work environments, ensuring they have the same opportunities as others.
- Aftercare will be designed around the needs of the person leaving care supporting them to lead a fulfilling life, for as long as they need it.
- Infants, children and young people's rights will be part of normal everyday life, practice and decision making.
- Infants, children and young people's voices will have a visible and meaningful impact on decision making and care planning.
- All adults involved in the care of infants, children and young people are empowered, valued and equipped to deliver the best 'care system' in the world.
- Scotland's care services will plan and work better together, sharing information more easily to ensure we understand the what and how of supporting infants, children, young people and their families from a local through to a national level.
- Scotland will understand the financial and human cost of care, including what happens when people don't get the help they need.
- The words used to describe care will be easily understood, positive and not create or compound stigma.
- There will be no stigma for infants, children and young people in care because Scotland will understand why our children need care.





journey



# The Care Review's ten work groups

## Best Place in the World

The Best Place in the World work group will scope out the best of what works in other parts of the world and give full consideration to what Scotland can learn and do to be the best place to grow up.



## Justice and Care

The Justice and Care work group will explore how the justice system contributes to infants, children and young people going into care, the experience of secure care, and consider how Scotland's 'care system' can criminalise children and young people



## Stop:Go

The Stop:Go work group will aim to deliver transformational change within Scotland's 'care system', working alongside the Care Review's Implementation Team throughout the Journey stage.

## Love

The Love work group will be learning about what love really means to infants, children and young people in care and how to make sure their daily lives are filled with it!



## Edges of Care

The Edges of Care work group will understand what happens at each end of Scotland's 'care system' – the points that infants, children and young people are taken into care and the points that they leave care.



## Health and Wellbeing

The Health and Wellbeing work group will understand the conditions that result in infants, children and young people being taken into care in Scotland, what happens when they leave care, and the impact on their health and wellbeing.

## Components of Care

The Components of Care work group will consider and understand the impact of each component within the current 'care system' in Scotland, and the journeys between them – mapping the life of a young person in care.

## Workforce

The Workforce work group will consider the entirety of the care workforce, paid and unpaid, how they interact with each other in the interests of infants, children and young people, and how they are trained and supported to do this.



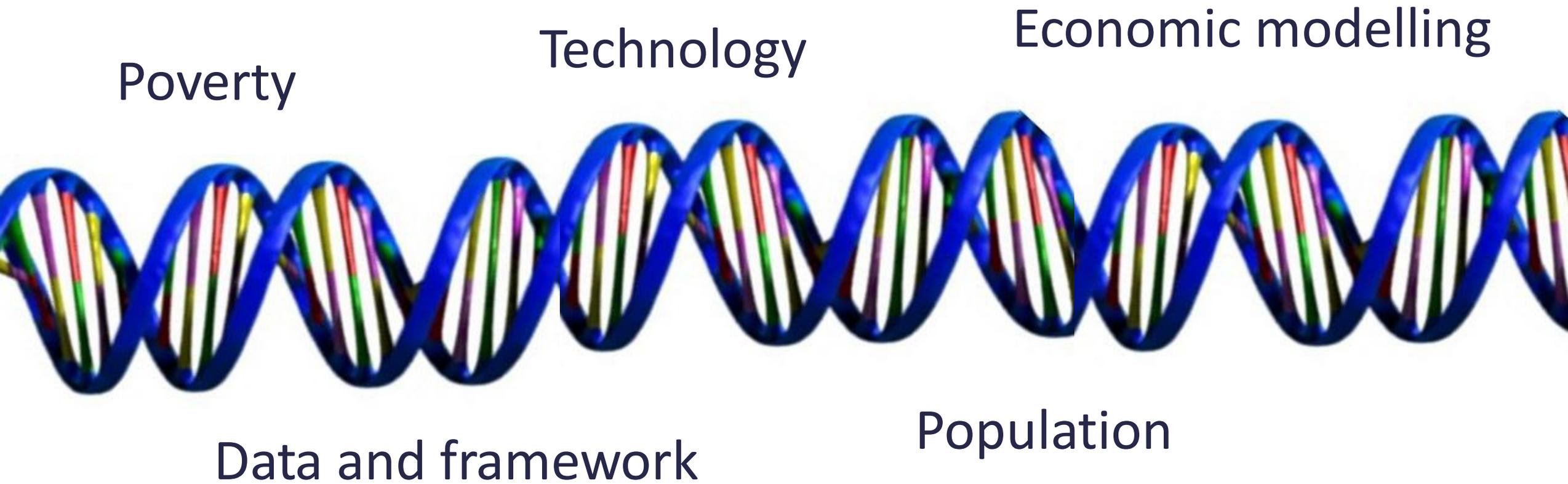
## Rights

The Care Review heard a lot about issues relating to rights in the Discovery stage and so this group are working on making sure that the rights of children and young people who experience the 'care system' in Scotland are known to them, respected and upheld.

## Stigma

Children and young people spoke a lot about how stigma affects them in the Discovery stage of the Independent Care Review and so this group are exploring ways to understand what causes stigma and what must be done to combat it.



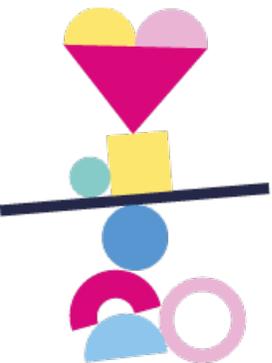


# The Journey stage – what's happened up until now?



The Care Review has:

- The Journey stage – what's happened up until now?
- Held true to its values of making sure the voice of care experience is at the heart of the Care Review.
- Engaged with over 4,800 people across Scotland with more than half having personal experience of the 'care system'.
- Engaged with all 32 local authorities in Scotland and continues to do so on an active change programme. Reviewed the diverse legislative framework governing the multiple areas that make up the 'care system'.
- Gathered over 100 research reports to learn what's working and what's not.
- Curated data to develop an understanding of the day-to-day lives of care experienced babies, infants, children, young people, and adults.
- Made links to relevant Scottish Government reviews, inquiries, commissions etc.
- Brought about change through Programme for Government



# Thank you

[www.carereview.scot](http://www.carereview.scot)

[@TheCareReview](https://twitter.com/TheCareReview)

