

# Speak up • Speak out

## We can help



### Adult protection case conferences

### What you need to know.

# What is an adult protection case conference?

It is a meeting we have if we think you are not safe or that someone is causing you harm.

## Can I be at the case conference?



You can be at the case conference to tell us how you are being harmed. It is very important that you have your say and are heard.



If you cannot go to the meeting, your social worker or another worker who knows you will find out what you think, and tell this to people at the meeting. If you want to write your views down, there is a space for this on the other side of this leaflet.



You can also ask for someone who does not work for the Council or the NHS to help you have your say at the case conference. This person is called an independent advocate.

# Who will be there?



The chairperson (the person running the meeting) is usually a manager from your social work service. He or she will make sure that everyone has their say and can be heard.



Your support worker and anyone else involved with your care will be invited.



Doctors, nurses, police officers or other professionals, who can advise how to protect you, may also be invited.



Your family and those people in your life who want to support and protect you from harm may attend.



Someone from social work will write down what everyone says at the meeting. This is called taking 'minutes' of the case conference.

Any person who is suspected of harming you will not be at the case conference, unless there is a good reason.

## What will happen during the case conference?



Everyone will say who they are so that everyone knows each other. The chairperson will tell everyone that the meeting is confidential and why it is being held. The chairperson will also make sure that everyone has an equal say.

## Protection plan



A plan will be made to support and protect you from harm. This is called a 'protection plan'. The person taking the 'minutes' will write down what people have to do to make the protection plan work.

## What happens after the meeting?



Your support worker will meet with you after the meeting to talk about how the meeting went and to go through the minutes and the protection plan with you.

## Tell us what you think

**What things in your life are most important to you?**

**What is difficult in your life?**

**What do you think should happen to keep you safe?**

## **For more information**

You can get more information about this leaflet and how it affects you from your support worker.

**Support worker's name**

**Telephone number**

PUBLICATION INFO