

Job Description

Art Therapist, Cyrenians Mediation & Support Services

This is a new post

For over 50 years, Cyrenians (a Scottish Charitable Incorporated Organisation (SCIO), registered charity number SC011052) has tackled the causes and consequences of homelessness.

We understand that there are many routes into homelessness, and that there is no 'one size fits all' approach to supporting people towards more positive and stable futures. That's why all our work is values-led and relationships-based. We meet people where they are, and support them towards where they want to be.

Our Vision is an inclusive society in which we all have the opportunities to live valued and fulfilled lives. We work to make that vision a reality by our Mission to support people excluded from family, home, work or community on their life journey.

We aim to offer consistently excellent service across all locations and in all our activities. Our way of working is built on our four core values:

Compassion: we believe that everyone should have the chance to change, no matter how long that might take.

Respect: we believe in tolerance, acceptance, valuing diversity and treating each other as equals.

Integrity: we are committed to the highest quality of work, grounded in honesty, generosity, sincerity and professionalism.

Innovation: we are willing to take risks, challenge convention and be very creative in our search for new ways of working, in particular by taking account of the environmental impact of our decisions.

1 General

Cyrenians Mediation & Support

Cyrenians Mediation & Support Services help young people and families to manage disagreements confidently and respectfully. We are a well-established mediation and support service with many years of experience and have helped thousands of families work through normal everyday disagreements.

Art therapy is a form of psychotherapy that uses art media as its primary mode of expression and communication. Within this context, art is not used as diagnostic tool but as a medium to address emotional issues which may be confusing and distressing (British Association of Art Therapists).

Our experience to date indicates that some young people and adults require additional support, on a 1 to 1 basis, to enable them to engage with wider group activities and opportunities which support their mental health and wellbeing.

We are seeking a qualified art therapist to work within this new post. You will predominately be based within our new Keeping Families Together project (3 days) with one day a week with Live Life our family Veterans project.

Keeping Families Together is an exciting on-going project with the specific purpose of supporting young people in secure accommodation across Scotland who are at greatest risk of spiralling further into the criminal justice system. We provide intergenerational support for whole families to build positive supportive relationships.

This will require a blended approach of digital engagement (due to the Covid-19 situation) and travel to secure units nationally where guidance currently allows.

2 Tasks and Responsibilities

- Effectively engage with, build and maintain positive relationships with young people in order to ensure that young people can participate meaningfully in Cyrenians' present and future work.
- Offer person-centred support to young people and family members who are experiencing relationship breakdown and other issues that is affecting their wellbeing
- Assess and, where appropriate, provide art therapy to young people on an individual or small group basis
- Encourage and support young people to participate in relevant Cyrenians' projects (i.e. Key to Potential, Mediation and Support, Creative Natives, Key to Work, Live Life)
- Regular liaison with colleagues across Cyrenians and local statutory/voluntary /community agencies / secure care units
- Promote the use of art therapy across Cyrenians
- Work alongside key staff in a professional manner to ensure optimum outcomes for young people
- Promote the development of resilience in young people.
- Attend professional supervision and maintain CPD on an ongoing basis
- Attend and contribute to team meetings
- Maintain confidential client files as appropriate and in accordance with Cyrenians/BAAT policies
- Adhere to Cyrenians' policies and procedures and BAAT Code of Ethics
- Contribute to discussions about the development of wellbeing support within Cyrenians.

3 Personal Specification

Experience/Knowledge

Experience of working directly with young people in participatory and inclusive ways	Essential
Experience of working as an Art Therapist	Essential
Experience of supporting young people to progress onto positive destinations and/or additional support	Desirable
A sound knowledge and understanding of the needs of families and young people.	Desirable
A good understanding of attachment theory	Essential
Knowledge of Scotland's safeguarding and child protection laws, policies and procedures as they pertain to working with marginalised young people	Desirable
Experience of working across services/sectors	Desirable

Training and Qualifications

A masters or post graduate qualification in Art Therapy	Essential
Registration with B.A.A.T and HCPC	Essential
Clean driving licence and access to car	Desirable
Trauma-informed practice	Desirable

Values and attributes

Committed to learning and developing new knowledge and skills	Essential
Patient and respectful of all people, whatever their background or presenting behaviour	Essential
Passionate about supporting young people to participate meaningfully in their community.	Essential
Ability to work autonomously within Charity's systems and ethos	Essential
Ability to relate to, and communicate with, young people who may feel/have felt excluded and marginalised	Essential
Flexibility and team work	Essential
Ability to use own initiative and organise own workload including managing sometimes competing demands	Essential

4 Terms & Conditions

<u>Employer:</u>	Cyrenians
<u>Accountability:</u>	Cyrenians Board of Trustees (via Cyrenians Chief Executive Officer)
<u>Line Manager:</u>	Mediation & Support Service Manager
<u>Liaison with:</u>	Children, Adults & Families
<u>Workplace:</u>	Edinburgh with one day remote
<u>Working Hours:</u>	28 hours over 4 days per week. Weekend work may also be required

<u>Annual Leave</u>	25 days plus 10 public holidays pro rata
<u>Salary:</u>	£21,673 per annum for a 28-hour week at salary scale point 28.
<u>Pension:</u>	Auto-enrolment into Qualifying Workplace Pension Scheme (QWPS) which is a Group Stakeholder Pension Scheme – current contributions being 5% employee and 3% employer. Option of enhanced Employer contributions to the same QWPS of 6% initially, rising to 9% after 2 years and 12% after 5 years (subject to employee contributions of 6%)
<u>Disclosure:</u>	PVG membership required
<u>Duration:</u>	Project runs initially until March 31 st 2023 with a view to extending beyond this date.

5 Application Deadline and Interview Dates

<u>Closing date:</u>	Monday 6 th June 12 noon
<u>Interview date:</u>	Friday 10 th June and Monday 13 th June
<u>Second stage:</u>	TBC